




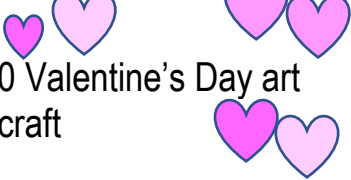


















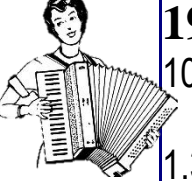




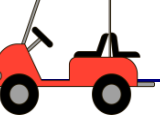










February ACTIVITY PROGRAM Mountain View

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>COVID SAFE PRACTICES ARE IN PLACE FOR EVENTS IN ROTARY HALL</p> <p>PLEASE BOOK THROUGH YOUR ACTIVITIES OFFICER.</p> <p>SEATS ARE LIMITED.</p>						
				<p>1 </p> <p>10.30 Valentine's Day art and craft</p> <p>1.30pm Gentle massage</p>	<p>2 </p> <p>10am Church 11am Chair exercises</p> <p>1.30pm BOARD GAMES</p>	<p>3</p>
<p>4</p>	<p>5</p> <p>10am Bus outing </p> <p>1.30pm Exercise group</p>	<p>6 </p> <p>10.30am Pop Sullivan</p> <p>1.30pm Room visits </p>	<p>7 </p> <p>10.30am Chair yoga</p> <p>1.30pm Buggy rides </p>	<p>8 </p> <p>10.30am Trevor Owen Duo</p> <p>1.30pm Mosaic art & craft</p>	<p>9 </p> <p>10am Church 11am Reminiscing time</p> <p>1.30pm Palmetum Walks</p>	<p>10</p> <p>Mountain View Activity with Margot</p>
<p>11</p>	<p>12 </p> <p>10.30am Cooking fun</p> <p>1.30pm Exercise group </p>	<p>13 </p> <p>10.30 Heart Beat</p> <p>1.30pm </p>	<p>14 </p> <p>10am Church <small>Ash Wednesday — Lent Begins</small></p> <p>10.30am Couples morning tea </p> <p>1.30pm Buggy rides </p>	<p>15</p> <p>10am Patch Adam Movie </p> <p>1.30pm Room visits </p>	<p>16</p> <p>11am Chair exercises</p> <p>1.30pm BOARD GAMES </p>	<p>17</p>
<p>18 </p>	<p>19</p> <p>10.30am Tropical Squeeze</p> <p>1.30pm Exercise group </p>	<p>20 </p> <p>10.30am Pelorus Pals </p> <p>1.30pm Bingo</p>	<p>21 </p> <p>10.30am Chair yoga</p> <p>1.30pm Buggy rides </p>	<p>22 </p> <p>10.30am Trevor Owen Duo</p> <p>1.30pm Mosaic art & craft</p>	<p>23 </p> <p>10am Church 11am Happy hour fun</p> <p>1.30pm Room visits </p>	<p>24</p>
<p>25</p>	<p>26</p> <p>10.30am Bus outing </p> <p>1.30pm Exercise group</p>	<p>27</p> <p>10.30am Friends café visit</p> <p>1.30pm </p>	<p>28 </p> <p>10.30 Chair exercises</p> <p>1.30pm Buggy rides </p>	<p>29</p> <p>10.30am Big Bingo in RH </p> <p>1.30pm Room visits</p>		