

MAY ACTIVITY PROGRAM Mountainview

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
COVID SAFE PRACTICES ARE IN PLACE ACTIVITIES MAY CHANGE					THE RESERVE THE PROPERTY OF TH	
			1 10.30am Chair yoga PM Buggy Rides	Trevor Owens Duo	3 10.00am Church 10.45am Chair exercises PM Happy hour fun	4
5	6 Public Holiday	7 10.30am Bingo PM Winston visits	8 10.30am Chair yoga PM Buggy Rides	PM Room visits	10 10am Church 10.30am Gardening fun PM Piano concert	11
12 APPLO BOTHERS BOTHERS		10.30am Pelorous Pals	15 10.30am Chair yoga PM Buggy Rides	PM Room visits		18
19	20 10.30am Tropical Squeeze PM Exercise group			23 10.30am Dancing Small Fee Applies PM Board games	24 10am Church 10.45am Ball game fun PM Walks to Turtle bridge	25
26 COOK800K	27 10.30am Cooking fun PM Exercise group	28 10.30am B IG Bingo	29 10.30am Chair exercises PM Buggy ride	10.30am Trevor Owen Duo	31 10am Church 10.30am Tech NQ morning tea PM Chair exercises	