


# June ACTIVITY PROGRAM MVH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>COVID SAFE PRACTICES ARE IN PLACE FOR EVENTS IN ROTARY HALL</p> <p>PLEASE BOOK THROUGH YOUR ACTIVITIES OFFICER.</p> <p>SEATS ARE LIMITED.</p>						
30						1
2	<p>3</p> <p>10:30am Trivia </p> <p>PM Exercise Group </p>	<p>4</p> <p>10:30am Bingo</p> <p>PM Nail Care </p>	<p>5 <b>STATE OF ORIGIN</b> </p> <p>10:30am Chair Yoga</p> <p>PM Buggy Rides </p>	<p>6</p> <p>10:30am Board Games</p> <p>PM Room Visits </p>	<p>7</p> <p>10.15 Church </p> <p>10:30am Chair Exercises </p> <p>PM Walks to Turtle Bridge </p>	8
9	<p>10</p> <p>10:30am Milkshakes @ Cafe </p> <p>PM Exercise Group</p>	<p>11</p> <p>10:30am Bingo</p> <p>1:30pm Heartbeat </p>	<p>12</p> <p>10:30am Chair Yoga </p> <p>PM Buggy Rides </p>	<p>13</p> <p>10:30am Trevor Owen Duo </p> <p>PM Room Visits </p>	<p>14</p> <p>10.15 Church </p> <p>10:30am Garden Fun</p> <p>PM Chair Exercises</p>	15
16	<p>17</p> <p>10:30am Tropical Squeeze </p> <p>PM Exercise Group </p>	<p>18</p> <p>10:30am Bingo </p> <p>PM Walks to Turtle Bridge</p>	<p>19</p> <p>10:30am Chair Yoga </p> <p>Chinese Lunch RH (bookings essential)</p> <p>PM Buggy Rides </p>	<p>20</p> <p>10:00am Dancing (\$ fee) </p> <p>PM Room Visits</p>	<p>21</p> <p>10.15 Church </p> <p>10:30am Ball Game Fun</p> <p>PM Exercise Group</p>	22
23	<p>24</p> <p>10:30am Cooking Fun </p> <p>PM Exercise Group</p>	<p>25</p> <p>10:30am Big Bingo RH </p> <p>PM Nail Care</p>	<p>26 <b>STATE OF ORIGIN</b> </p> <p>10:30am Chair Yoga</p> <p>PM Buggy Rides </p>	<p>27</p> <p>10:30am Trevor Owen </p> <p>PM Room Visits</p>	<p>28</p> <p>10.15 Church </p> <p>10:30am Crafts</p> <p>PM Happy Hour </p>	<p>29</p> <p>AM Bingo MVH </p>