









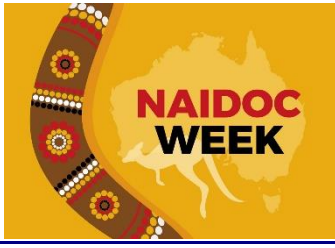


















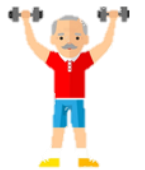





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>COVID SAFE PRACTICES ARE IN PLACE</p> <p>ACTIVITIES MAY CHANGE</p>		<p>FUN'N' GAMES</p>				
	<p>1 PUBLIC HOLIDAY</p> 	<p>2</p> <p>9.30am Gym exercise group</p> <p>1.30pm Games </p>	<p>3</p> <p>10.00am Men's shed</p> <p>10.30am Chair yoga </p> <p>1.30pm Buggy rides </p>	<p>4</p> <p>10.30am BINGO</p> <p>1.15pm Bus outing </p>	<p>5</p> <p>10am Church</p> <p>11am Chair exercises</p> <p>1.30pm Palmetum walks </p>	6
<p>7</p> 	<p>8</p> <p>10am Puppy cuddles </p> <p>1.30pm Gym exercise group</p>	<p>9</p> <p>10.30am BINGO</p> <p>1.30pm Heartbeat </p>	<p>10</p> <p>10.30am Chair yoga </p> <p>1.30pm Buggy rides </p>	<p>11</p> <p>10.30am Trevor Owens</p> <p>1.30pm Naidoc week craft </p>	<p>12</p> <p>10.00am Church</p> <p>11am Chair exercises </p> <p>1.30pm Happy hour time</p>	13
14	<p>15</p> <p>10.30am Tropical Squeeze </p> <p>1.30pm Gym exercise group</p>	<p>16</p> <p>10.30am BINGO</p> <p>1.30pm Winston visit </p>	<p>17</p> <p>10.00am Men's shed</p> <p>10.30am Chair yoga </p> <p>1.30pm Buggy rides </p>	<p>18</p> <p>10.30am Bus outing </p> <p>1.30pm Pool noodle & ball fun</p>	<p>19</p> <p>10.00am Church</p> <p>11am Hand massages</p> <p>1.30pm River walks </p>	20
21	<p>22</p> <p>10.30am BINGO</p> <p>1.30pm Gym exercise group </p>	<p>23</p> <p>10.30am Colourful art and craft</p> <p>1.30pm Heartbeat </p>	<p>24</p> <p>10.30am Chair yoga </p> <p>1.30pm Buggy rides </p>	<p>25</p> <p>10.30am Trevor Owen</p> <p>1.30pm Room visits </p>	<p>26</p> <p>10.00am Church</p> <p>11am Start of the Olympics </p> <p>1.30pm Happy hour time</p>	27
28	<p>29</p> <p>10.30am Olympic games fun</p> <p>1.30pm Gym exercise group </p>	<p>30</p> <p>10.30am Pelorus Pals </p> <p>1.30pm Palmview visit in the Palmetum</p>	<p>31</p> <p>10.30am Chair yoga </p> <p>1.30pm Buggy rides </p>			