

September ACTIVITY PROGRAM Mountainview Home

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>COVID SAFE PRACTICES ARE IN PLACE FOR EVENTS IN ROTARY HALL</p> <p>PLEASE BOOK THROUGH YOUR ACTIVITIES OFFICER.</p> <p>SEATS ARE LIMITED.</p>						
<p>1</p> <p>Father's Day</p>	<p>2</p> <p>10.30am Cooking fun</p> <p>1.30pm Gym exercise group</p> 	<p>3</p> <p>10.30am Pop Sullivan </p> <p>1.30pm Winston visit </p>	<p>4</p> <p>10.30am Chair yoga </p> <p>1pm Buggy rides </p>	<p>5</p> <p>10.30am Trevor Owen </p> <p>1:30pm Ball Games </p>	<p>6</p> <p>10.15am Church </p> <p>1pm Buggy Rides </p>	<p>7</p>
<p>8</p>	<p>9</p> <p>10am Bus outing </p> <p>1.30pm Gym exercise group</p>	<p>10</p> <p>10.30am Pottery for beginners</p> <p>1.30pm Heartbeat </p>	<p>11</p> <p>1030am Chair yoga </p> <p>1pm Buggy rides </p>	<p>12</p> <p>10am Nail Care</p> <p>2-4pm Military Jeeps </p>	<p>13</p> <p>10.15am Church </p> <p>Pm Leisure Centre Happy Hour </p>	<p>14</p> <p>Margot's Saturday Fun!</p>
<p>15</p>	<p>16</p> <p>10.30am Tropical Squeeze </p> <p>1.30pm Gym exercise group </p>	<p>17</p> <p>10am Sumo Olympics </p> <p>1.30pm Palmetum walks</p>	<p>18</p> <p>10.30am Chair yoga </p> <p>1pm Buggy ride </p> <p>PM LLO staff meeting</p>	<p>19</p> <p>10.30am Trevor Owen </p> <p>1pm Bingo </p>	<p>20</p> <p>10.15am Church </p> <p>1pm Mt Stuart Excursion + Ice Cream </p>	<p>21</p>
<p>22</p>	<p>23</p> <p>10.30am Bingo </p> <p>1.30pm Gym exercise group </p>	<p>24</p> <p>Lunch time BBQ </p> <p>1.30pm Gentle hand massages</p>	<p>25</p> <p>10.30 </p> <p>1pm Buggy rides </p>	<p>26</p> <p>9:30am Bake & Shake </p> <p>Italian Day lunch</p>	<p>27</p> <p>10.15am Church </p> <p>1:30pm Music Hour </p>	<p>28</p>
<p>29</p>	<p>30</p> <p>10am Bus outing </p> <p>1.30pm Gym exercise group </p>					<p>28</p>