

# September ACTIVITY PROGRAM PHG

Sunday	Monday Lifestyle Officer Nell	Tuesday Lifestyle Officer Clair	Wednesday Lifestyle Officer Nell	Thursday Lifestyle Officer Clair	Friday Lifestyle Officer Nell	Saturday
						
01	<b>02</b> AM Gym w/ PT Team Friends Café  PM Bus Outing & Ice-cream	<b>03</b> 10:30am Pop Sullivan RH AM Winston Play  1:30pm Wing BINGO	<b>04</b> AM Buggy Rides  PM Individual 2:30am Resident Meeting RH	<b>05</b> 10.30 Trever Owen RH 1:30pm Nail Care/ Hand Massage In the Garden	<b>06</b> 10:15am Church 10:30am Trivia PHG  1:30pm Balloon Games	07
08	<b>09</b> AM Gym w/ PT Team  Friends Café PM Bus Outing & Ice-cream	<b>10</b> AM Bake & Shake  1.30 Heartbeat RH	<b>11</b> AM Buggy Rides  1:30pm Knitting PHG	<b>12</b> 10.30 Dancing/ Zumba RH 2- 4pm Military Jeeps	<b>13</b> 10:15am Church AM Individual Walks 1:30pm Boardgames/ Puzzles PHG	14
15	<b>16</b> 10:30am Tropical Squeeze RH  PM Bus Outing & Ice-cream	<b>17</b> 10:00am Sumo Olympics PM Guess That Sound	<b>18</b> AM Buggy Rides  2pm – 3pm Staff Meeting	<b>19</b> 10.30 Trever Owen RH 1:30pm Nail Care/ Hand Massage In The Garden	<b>20</b> 10:15am Church 10:30am Balloon Games  PM Individual	21
22	<b>23</b> AM Gym w/ PT Team  Friends Cafe PM Bus Outing & Ice-cream	<b>24</b> 10:30am Big Bingo RH 1:30pm Crafts PHG 	<b>25</b> AM Buggy Rides  1:30am Happy Hour PHG	<b>26</b> 10.30am Men's Shed 2:00pm Knitting RVH	<b>27</b> 10:15am Church AM Bake & Shake  1:30pm Gardening	28
29	<b>30</b> AM Gym w/ PT Team Friends Cafe  PM Bus Outing & Ice-cream					