





















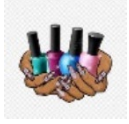










November ACTIVITY PROGRAM PHG

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>COVID SAFE PRACTICES ARE IN PLACE FOR EVENTS IN ROTARY HALL</p> <p>PLEASE BOOK THROUGH YOUR ACTIVITIES OFFICER.</p> <p>SEATS ARE LIMITED.</p>						
			inspired		<p>1 10:15am Church AM Room Visits </p> <p>10:30am Bingo PH2 </p> <p>PM Cooking In Banksia </p>	2 (Herb's b'day)
3	<p>4 AM Gym w/ PT Team Friends Café </p> <p>11:00am Buggy</p> <p>PM Melb. Cup Horse decorating</p>	<p>5 Individual Visits/ Walks Melbourne Cup celebrations AM & PM </p>	<p>6 Morning Walks 10:30am Ukelyptus Strummers </p> <p>PM Fun & Games with Iggy Park Boys</p>	<p>7 10am Men's Shed </p> <p>10:30am Dance Class</p> <p>1:30pm knitting PHG</p>	<p>8 10:15am Church AM Room Visits </p> <p>10:30am Bingo PH2</p> <p>Lunch Outing Tom's Tavern </p>	9
10	<p>11 AM Gym/Friends Café </p> <p>10:30am Remembrance Day Service</p> <p>PM Remembrance Day Inspired Drive</p>	<p>12 10:30am Kindy Kids Visit Puppy Play with Winston </p> <p>1.30pm Heartbeat RH </p>	<p>13 Morning Walks 10am Catholic Church - chapel </p> <p>AM Yoga RH</p> <p>Origami in the wing Italian Day Lunch RH (pls book!)</p> <p>PM Ryan School Kids</p>	<p>14 10.30 Trevor Owen RH </p> <p>1:30pm Wing BINGO</p> <p>1:30pm Swimming</p>	<p>15 10:15am Church AM Room Visits </p> <p>10:30am Bingo PH2</p> <p>PM Buggy </p>	16
17	<p>18 (Patricia's B'day) AM Gym w/ PT Team Friends Café </p> <p>11:00am Buggy</p> <p>PM Bus Drive</p>	<p>19 AM Teddy Bear Picnic @ Guppy's Kindy </p> <p>1:30pm Group Trivia RH</p>	<p>20 Morning Walks LLO Meeting 9am Am Splatter Painting </p> <p>PM Fun & Games with Iggy Park Boys</p>	<p>21 10am Men's Shed </p> <p>10:30am Big Bingo RH</p> <p>PM Shopping</p> <p>1:00pm Individual Nail Care</p>	<p>22 10:15am Church AM Room Visits </p> <p>10:30am Bingo PH2</p> <p>PM Activity Planning / Cooking</p>	23 Morning Melodies – Townsville's Got Talent Bookings through LLO Essential - \$17/Ticket
24	<p>25 AM Gym w/ PT Team Friends Café </p> <p>11:00am Buggy</p> <p>PM Bus Drive</p>	<p>26 (George's B'day) 9:00am Op Shopping </p> <p>1:30pm Knitting PHG </p>	<p>27 Morning Walks Yoga RH </p> <p>BBQ Lunch</p>	<p>28 10.30 Trevor Owen RH </p> <p>1:30pm Swimming</p> <p>1:30pm Guess Who???</p> <p>Afternoon of fun and games</p>	<p>29 10:15am Church AM Room Visits </p> <p>10:30am Bingo PH2</p> <p>1:30pm Music RH </p> <p>PM Buggy Rides</p>	30