

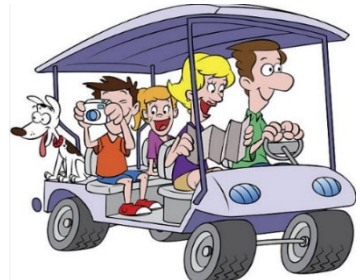




















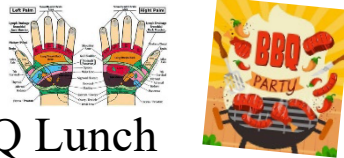

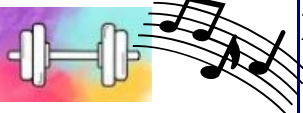



November ACTIVITY PROGRAM Mountain View

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>COVID SAFE PRACTICES ARE IN PLACE FOR EVENTS IN ROTARY HALL</p> <p>PLEASE BOOK THROUGH YOUR ACTIVITIES OFFICER.</p> <p>SEATS ARE LIMITED.</p>						<p>ACTIVITIES MAY CHANGE AT SHORT NOTICE</p>
					<p>1 Church 10:15AM</p>  <p>MVH Horse Play PM</p>	2
3	<p>4  Remembrance Day Art & Craft AM</p> <p>Gym PM</p>	<p>5  Melbourne Cup Race Day 10:30 AM</p> <p>Winston Visit PM</p>	<p>6  Ukelyptus Strummers AM</p> <p>Buggy Rides PM</p>	<p>7  Dance 10:30AM</p> <p>Ball Games PM</p>	<p>8 Church 10:15AM</p> <p>Tom's Tavern Lunch Outing w/ PHG</p> 	9
10	<p>11  Remembrance Day Service 10:30AM</p> <p>Bus Outing PM</p>	<p>12 Kindy Visit 10:30AM</p> <p>Heartbeat PM</p> 	<p>13  Catholic Mass 10AM</p> <p>Chair Yoga 10:30AM</p> <p>Italian Day Lunch</p> <p>Buggy Rides PM</p>	<p>14  Trevor Owen AM</p> <p>Swimming PM (bookings required)</p> <p>Gym PM</p>	<p>15 Church 10:15AM</p> <p>Piano Singalong PM</p> 	16
17	<p>18  Bingo AM</p> <p>Bus Outing PM</p> 	<p>19  Winston visit AM</p> <p>Outdoor Trivia PM</p>	<p>20  Chair Exercises AM</p> <p>Buggy Rides PM</p>	<p>21  Big Bingo (RH) 10:30AM</p> <p>Gym PM</p>	<p>22 Church 10:15AM</p> <p>Country Hour PM</p> 	23
24	<p>25 Bingo AM</p> <p>Gym PM</p> 	<p>26  BBQ Lunch</p> <p>Hand Massages PM</p>	<p>27  Chair Yoga 10:30AM</p> <p>Buggy Rides 1:30PM</p>	<p>28  Trevor Owen AM</p> <p>Swimming PM</p> <p>Gym PM</p>	<p>29 Church 10:15AM</p> <p>Happy Hour @ Tiki Bar</p> 	30