

July ACTIVITY PROGRAM Palmview House

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>COVID SAFE PRACTICES ARE IN PLACE FOR EVENTS IN ROTARY HALL</p> <p>PLEASE BOOK THROUGH YOUR ACTIVITIES OFFICER.</p> <p>SEATS ARE LIMITED. ACTIVITIES SUBJECT TO CHANGE AT SHORT NOTICE.</p>						<p>SUN UP SOCIAL EACH MORNING MON, WED-FRI</p> <p>MOVIE MATINEE AFTER LUNCH DAILY.</p> <p>WIND DOWN ACTIVITIES FROM 3-4PM MON-FRI</p>
		<p>1</p> <p>Am Painting Flowers with bags</p>  <p>Pm Montessori</p>	<p>2</p> <p>Am Buggy</p>  <p>Pm Sensory Activity 1:1 Room Visits</p>	<p>3</p> <p>Am Morning Tea at Café Memories</p>  <p>Pm Bingo</p>	<p>4 10:15Am Church Am Singing with Chrissy</p>  <p>Pm Drive-up Castle Hill</p>	5
<p>6</p> <p>NAIDOC WEEK July 6-13</p>	<p>7</p> <p>Townsville Show Day Public Holiday No Activities Today</p>	<p>8</p> <p>10:30Am NAIDOC Activity RH</p>  <p>1:30Pm Music – Heartbeat RH</p>	<p>9</p> <p>Am Buggy</p> <p>10Am Men's Shed</p>  <p>Pm Walks around the Palmetum</p>	<p>10 9:45Am Exercise Group 10:30Am Music – Trev RH</p>  <p>Pm Book Club Dreamtime Stories</p>	<p>11 10:15Am Church Am Singing with Chrissy</p>  <p>Pm Ice Cream Taste Test</p>	<p>12</p> <p>Wing Activity With Jess</p>
13	<p>14</p> <p>10:30Am Ball Games Sage</p>  <p>Pm Milkshake Trolley & Spontaneous Activity</p>	<p>15</p> <p>Am Art & Craft Trinket Tray</p>  <p>Pm Nails & Pampering</p>	<p>16 10:15Am Catholic Mass Buggy</p> <p>Andre Rieu Concert</p>  <p>Pm Painting by the River 1:1 Room Visits</p>	<p>17 9:45Am Exercise Group Am JCU Kindy</p>  <p>Pm August Activity Planning</p>	<p>18 10:15Am Church Am Singing with Chrissy</p>  <p>Pm RC Car Races</p> 	19
20	<p>21</p> <p>10:30Am Music – Tropical Squeeze RH</p> <p>Ball Games Lav</p>  <p>Pm Room Visits</p>	<p>22</p> <p>10:30Am Music – Chrissy & Pete RH</p>  <p>Pm Word Games</p>	<p>23</p> <p>Am Buggy</p> <p>10Am Men's Shed</p>  <p>Pm Walks around the Palmetum</p>	<p>24 9:45Am Exercise Group 10:30Am Music – Trev RH</p>  <p>Pm Book Club Individual Room Visits</p>	<p>25 Pajama Day</p> <p>10:15Am Church Am Singing with Chrissy</p>  <p>Pm Bus Outing</p>	<p>26</p> <p>3-4Pm Bubsie Car and Music</p>
27	<p>28</p> <p>10:30Am Ball Games Sage</p>  <p>Pm Milkshake Trolley & Spontaneous Activity</p>	<p>29</p> <p>10Am Jumble Sale RH</p>  <p>Pm Walks & Flower Picking Pressed Flower Art</p> 	<p>30</p> <p>10:30Am Music – Uker-Lyptus Strummers</p>  <p>Pm Hair Salon Styling Sage 1:1 Room Visits</p>	<p>31 9:45Am Exercise Group Am Buggy</p>  <p>Pm Singalong Lav August Setup and Chats</p>		