













August 2025 CHSP programs

Program subject to change at minimal notification



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	Coming up in September 4 th Extra dessert Day 7 th Father's Day 12 th Choc Milkshake Day 16 th -Mexican Indep Day 17 th Country Music Day 30 th World Maritime Day				1 Laps around the TOWNSVILLE sign With Archie & Donny from 103.6 with M/Tea LUNCH @ THE CENTRE	2
3	4 Assisted Shopping at Castletown 1:00 Avanti Health gym 	5 Coffee Van morning (additional Cost)  Fish BBQ @ The Centre	6 Men's Shed Ladies visiting the Wedgewood display perc Tucker Lunch @ the Centre	7 Scavenger Hunt On the buggy's  Lunch outing to Quarterdeck (Additional Cost)	8 Fishing & Crabbing morning With  Lunch	9
10	11 Senior Strollers Safe Walking Program & Morning Tea 1:00 Avanti Health gym 	12 Tri Shaw rides with Morning Tea on the strand Lunch Seaview Hotel (Additional Cost)	13 10min crackers Cooking  Lunch @ the Centre	14 Day Trip to Alva BBQ by the beach (limited numbers)	15 Indian Independence Day Indian spices Bingo Lunch out @ Dosa (Additional cost)	16
17	18 Senior Strollers Safe Walking Program & Morning Tea 1:00 Avanti Health gym 	19 Morning Tea, Chat & Planning "Figures of Speech" Activity Lunch @ the Centre	20 Men's Shed Sausage Sizzle Lunch Ladies shopping & Lunch out	21 Trevor Owens  Lunch @ the Centre	22 Day Trip to Charters Towers (Lunch Extra cost)	23
24	25 Senior Strollers Safe Walking Program & Morning Tea 1:00 Avanti Health gym 	26 National Dog Day  Vitis to the Bring a donation to give Hot dogs for lunch	27 Daffodil Day Gardening  Lunch by the river	28 Townsville Mystery Tour International Burger Day Build a Burger for lunch 	29 Seniors' Lunch (Free) (Bookings essential) Theme 1960" Dirty Dancing	30

