












August ACTIVITY PROGRAM Palmview House

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
COVID SAFE PRACTICES ARE IN PLACE FOR EVENTS IN ROTARY HALL PLEASE BOOK THROUGH YOUR ACTIVITIES OFFICER. SEATS ARE LIMITED.				Quote of the Month: Be so good they can't ignore you! – Steve Martin		COVID SAFE PRACTICES ARE IN PLACE, ACTIVITIES MAY CHANGE AT SHORT NOTICE. PLEASE BOOK THROUGH YOUR ACTIVITIES OFFICER. SEATS ARE LIMITED.
31					1 10:15Am Church Am Singing with Chrissy Pm Word Games and Trivia	2
3	4 National Choc Chip Cookie Day Am Ball Games and exercise  Pm Baking Cookies in the wing	5 10:30Am Music Pelorus Pals  Pm Art & Craft 	6 Am Buggy  Pm Walks & Bird Watching	7 9:45Am Exercise Group 10:30Am Music Trevor Owen RH Winston Visits Pm Book Club 	8 10:15Am Church Am Singing with Chrissy Pm Bus Drive 	9
10	11 Am Ball Games and exercise  Pm Nails & Pampering 	12 Am Art & Craft Daffodil craft  1:30Pm Music Heartbeat RH 	13 10:15Am Catholic Church Am Buggy  Pm Book Club 	14 9:45Am Exercise Group Am Bingo in Sage  Pm September activity planning meeting	15 10:15Am Church Am Singing with Chrissy Pm Afternoon Tea at Friends Café	16
17	18 Serendipity Day 10:30Am Music Tropical Squeeze RH Ball Games and exercise Pm Baking Sausage Rolls LR 	19 Vinnie's Bday 10:30Am Music Chrissy & Pete RH  Pm Art & Craft 	20 Am Buggy  Andre Rieu Concert  Pm Walks and Flower Picking	21 9:45Am Exercise Group 10:30Am Music Trevor Owen RH Winston Visits Pm Book Club 	22 Daffodil Day 10:15Am Church Am Singing with Chrissy  Pm Bus Drive 	23
24	25 Am Bonding with Buddy (Pet Therapy)  Pm Ball Games and exercise 	26 National Dog Day Am Art & Craft  Pm Milkshakes & Happy Hour 	27 Am Buggy  Pm Nails & Pampering 	28 9:45Am Exercise Group Am International Burger Day – Burger Lunch Pm Book Club 	29 10:15Am Church Am Singing with Chrissy Pm Sept Calendars/Chit Chat	30 Individual support with Jess