

November ACTIVITY PROGRAM Palmview House

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
COVID SAFE PRACTICES ARE IN PLACE FOR EVENTS IN ROTARY HALL PLEASE BOOK THROUGH YOUR ACTIVITIES OFFICER. SEATS ARE LIMITED.						COVID SAFE PRACTICES ARE IN PLACE ACTIVITIES MAY CHANGE AT SHORT NOTICE BUGGY RIDES ARE WEATHER PERMITTING
30						1 Activity with Jordan Mosaic Craft 
2	3 Am Ball Games & Exercise Pm Bingo 	4 Am Melb Cup Activity RH  Pm Book Club 	5 Am Buggy  Pm Buggy	6 9:20am Exercise Group in Sage Am Art & Craft Mosaic in Lav  Pm Individual Room Visits	7 Am Chrissy Karaoke  10:15Am Church RH Pm Milkshakes, Movies & Ice Cream	8
9	10 Am Ball Games & Exercise  1-3Pm Residents' Art & Craft Exhibition RH	11 Am Remembrance Day RH  Pm Book Club	12 Am Buggy Lav  Chair Yoga Pm Buggy Sage 	13 9:20am Exercise Group in Sage Am Music Trevor Owen RH  Pm Art & Craft 	14 Am Chrissy Karaoke  10:15Am Church RH Pm December Activity Meeting	15
16	17 Music Tropical Squeeze RH BBQ Lunch  	18 Am Music Chrissy & Pete RH Pm Book Club 	19 Catholic Mass Am Buggy Eucalyptus Strummers RH Pm Buggy  	20 9:20am Exercise Group in Sage Am JCU Kindy Kids Visit Pm Bingo 	21 Am Chrissy Karaoke  10:15Am Church RH Pm Milkshakes, Movies & Ice Cream	22 Activity with Jess Christmas Art & Craft 
23	24 Am Nails and Pampering or Painting by the river  Pm Competition / Games	25 Am St Anthony's school musical performance RH Pm Book Club 	26 Am Buggy Lav  Chair Yoga Pm Buggy Sage 	27 9:20am Exercise Group in Sage Am Music Trevor Owen RH  Pm Christmas Art & Craft 	28 Am Chrissy Karaoke  10:15Am Church RH Pm December Calendars & Chit Chat	29 10:30Am Christmas Carols RH 