


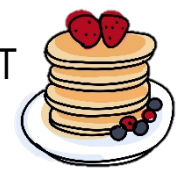


















January -ACTIVITY PROGRAM- Palmview House

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| <p>COVID SAFE PRACTICES ARE IN PLACE FOR EVENTS IN ROTARY HALL</p> <p>PLEASE BOOK THROUGH YOUR ACTIVITIES OFFICER.</p> <p>SEATS ARE LIMITED.</p> | <p><i>Stay Young at Heart!</i></p>  |  |  |  |  | <p>COVID SAFE PRACTICES ARE IN PLACE</p> <p>ACTIVITIES MAY CHANGE AT SHORT NOTICE</p> <p>BUGGY RIDES ARE WEATHER PERMITTING</p> |
| <p>This Month's B'days</p> <p>9th Michael 16th Barb 11th Allan 11th Bev 21st Merv 24th Anne</p> |  |  |  | <p>1</p> <p>PUBLIC HOLIDAY NEW YEARS DAY NO ACTIVITIES TODAY</p> | <p>2</p> <p>10:15Am Church RH</p> <p>Pm Pancake A/T and 1:1</p>  | <p>3</p> |
| <p>4</p> | <p>5</p> <p>Am Ball Games</p>  <p>Pm Nails & Pampering</p>  | <p>6</p> <p>Am Mosaics Lav</p>  <p>Pm Pack away Xmas Decorations</p>  | <p>7</p> <p>Am Lady flowerpots</p>  <p>Pm Buggy Rides & Good Fortunes</p>  | <p>8</p> <p>Exercise Group Sage</p> <p>Am Music – Trevor Owen RH</p>  <p>Pm Crafternoon</p> | <p>9</p> <p><i>Michael's B'day</i></p> <p>10:15Am Church RH</p> <p>Painting/Decorating</p> <p>Pm Ice Cream Trolley & 1:1</p>  | <p>10</p> |
| <p>11</p> <p><i>Allan & Bev's B'days</i></p> | <p>12</p> <p>Am Ball Games</p>  <p>Pm Feb Activity Calendar Planning</p> | <p>13</p> <p>Am Bingo</p>  <p>Pm Book Club</p>  | <p>14</p> <p>Catholic Mass</p> <p>Am M/T @ Café Memories</p> <p>Knitting Group RVH</p> <p>Pm Buggy Rides</p>  | <p>15</p> <p>Exercise Group Sage</p> <p>Am Waterplay fun</p>  <p>Pm Crafternoon</p>  | <p>16</p> <p><i>Barb's B'day</i></p> <p>10:15Am Church RH</p> <p>LLO Training</p> <p>Pm Milkshakes & 1:1</p>  | <p>17</p> |
| <p>18</p> | <p>19</p> <p>Am Ball Games</p>  <p>Pm Aussie Slang Quiz</p> | <p>20</p> <p>Am Dot Painting</p>  <p>Pm Nails & Pampering</p>  | <p>21</p> <p><i>Merv's B'day</i></p> <p>Am Aussie Day Fun RH</p>  <p>Pm Buggy Rides</p>  | <p>22</p> <p>Exercise Group Sage</p> <p>Am Music – Trevor Owen RH</p>  <p>Pm Crafternoon</p> | <p>23</p> <p>10:15Am Church RH</p> <p>Card Matching Games</p> <p>Pm Ice Cream Trolley & 1:1</p>  | <p>24</p> <p><i>Anne's B'day</i></p> |
| <p>25</p>  | <p>26</p> <p>PUBLIC HOLIDAY AUSTRALIA DAY NO ACTIVITIES TODAY</p> | <p>27</p> <p>Am Bingo</p>  <p>Pm Book Club</p>  | <p>28</p> <p>Am Wheelchair Walks around the Palmetum</p> <p>Pm Buggy Rides</p>  | <p>29</p> <p>Exercise Group Sage</p> <p>Am Baking Lemonade Scones</p>  <p>Pm Crafternoon</p>  | <p>30</p> <p>10:15Am Church RH</p> <p>Pm Feb Calendars & Chit Chat</p>  | <p>31</p>  |

Why should you put your new calendar in the freezer? To start off the new year in a cool way.