



February 2026 LEISURE ROOM PROGRAM

Program subject to change at minimal notification

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Low Impact pool exercise for Seniors, Morning Tea included at the beautiful Riverway setting. 	3 Morning Tea & Chatting Games, jokes & reminiscing... Planning for March Lunch at the Centre	4 Leaf wood Café (Crepes) Morning Tea outing  Lunch at the centre	5 Trevor Owen music Make your own Loaded spuds for lunch 	6 Waitangi Day Celebrating our over the ditch Kiwi's  Lunch at the Centre
9 Low Impact pool exercise for Seniors, Morning Tea included at the beautiful Riverway setting. 	10 The History of Aprons, Morning Tea. Bring yours to show along with your favorite recipe  Lunch at Grill'd Palmer Street	11  Making a Friend Day Craft Day Lunch @ the Centre	12 Valentine's Day Sun Catches Romantic Table Setting Lunch 	13 Black Friday World Radio Day  Brazial Carnival (a day filled with radio knowledge, Black Cats and colour) Lunch at the centre
16 Low Impact pool exercise for Seniors, Morning Tea included at the beautiful Riverway setting. 	17 Pancake Day Morning Tea Chinese Lunar New Year Lunch @ Capitol Restaurant Cannon Park	18 Ash Wednesday Hand eye coordination – Bilateral Brain Gym Lunch at the centre 	19 Muffin Break Fairfield Morning Tea and Shopping Morning.  Lunch at The Centre	20 Rollingstone Pub Lunch Outing 
23 Low Impact pool exercise for Seniors, Morning Tea included at the beautiful Riverway setting. 	24  BBQ Under the Pergola Music and Tunes	25 Missy Moo coffee & reminiscing bus tour  Lunch at the centre	26 Morning Tea/Lunch Harvey's Range Tea rooms Bookings essential (additional Cost)	27 Painting along the river But not how you think  Lunch by the river

Bookings: via Phone 4772 9935. Via email dmellor@tgsh.org.au

Birthdays for February – 2nd Loretta, 4th Glenda, 8th Lorraine, 13th Jennifer, 20th Alec, 28th Lyndall



What's coming up:

1st Day of Autumn, 3rd World Wildlife Day,

6th World Prayer Day, 8th International Women's Day, 17th Saint Patrick's Day,

21 Harmony day 25th Greek Independence Day

