










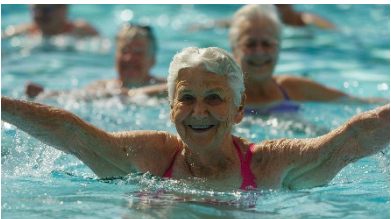



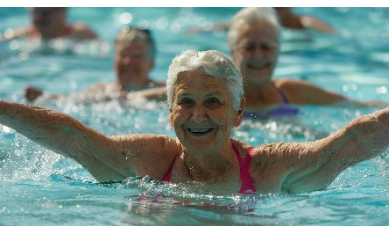
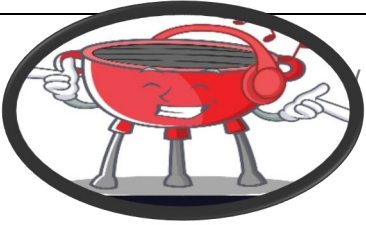







# February 2026 *LEISURE* ROOM PROGRAM

*Program subject to change at minimal notification*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Low Impact pool exercise for Seniors, Morning Tea included at the beautiful Riverway setting. 	<b>3</b> Morning Tea & Chatting Games, jokes & reminiscing... Planning for March  Lunch at the Centre	<b>4</b> Leaf wood Café (Crepes) Morning Tea outing  Lunch at the centre	<b>5</b> Trevor Owen music Make your own Loaded spuds for lunch 	<b>6</b> Waitangi Day Celebrating our over the ditch Kiwi's  Lunch at the Centre
<b>9</b> Low Impact pool exercise for Seniors, Morning Tea included at the beautiful Riverway setting. 	<b>10</b> The History of Aprons, Morning Tea. Bring yours to show along with your favorite recipe  Lunch at Grill'd Palmer Street	<b>11</b> Making a Friend Day   Craft Day  Lunch @ the Centre	<b>12</b> Valentine's Day Sun Catches  Romantic Table Setting  Lunch	 Black Friday World Radio Day   Brazilian Carnival (a day filled with radio knowledge, Black Cats and colour) Lunch at the centre
<b>16</b>  Low Impact pool exercise for Seniors, Morning Tea included at the beautiful Riverway setting.	<b>17</b>  Pancake Day Morning Tea  Chinese Lunar New Year Lunch @ Capitol Restaurant Cannon Park	<b>18</b> Ash Wednesday Hand eye coordination – Bilateral Brain Gym  Lunch at the centre	<b>19</b> Muffin Break Fairfield Morning Tea and Shopping Morning.  Lunch at The Centre	<b>20</b> Rollingstone Pub Lunch Outing 
<b>23</b>  Low Impact pool exercise for Seniors, Morning Tea included at the beautiful Riverway setting.	<b>24</b>  BBQ Under the Pergola Music and Tunes	<b>25</b> Missy Moo coffee & reminiscing bus tour   Lunch at the centre	<b>26</b> Morning Tea/Lunch Harvey's Range Tea rooms Bookings essential (additional Cost)	<b>27</b> Painting along the river But not how you think  Lunch by the river  

Bookings: via Phone 4772 9935. Via email dmellor@tgsh.org.au

Birthdays for February – 2<sup>nd</sup> Loretta, 4<sup>th</sup> Glenda, 8<sup>th</sup> Lorraine, 13<sup>th</sup> Jennifer, 20<sup>th</sup> Alec, 28<sup>th</sup> Lyndall

**FEBRUARY**  
BIRTHDAYS BASH

What's coming up:

1<sup>st</sup> Day of Autumn, 3<sup>rd</sup> World Wildlife Day,

6<sup>th</sup> World Prayer Day, 8<sup>th</sup> International Women's Day, 17<sup>th</sup> Saint Patrick's Day,

21 Harmony day 25<sup>th</sup> Greek Independence Day

