

February -ACTIVITY PROGRAM- Palmview

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
PLEASE BOOK THROUGH YOUR ACTIVITIES OFFICER. SEATS ARE LIMITED.	Stay Young at Heart! 					ACTIVITIES MAY CHANGE AT SHORT NOTICE BUGGY RIDES ARE WEATHER PERMITTING
This Month's Birthday's 4 th Marian						
1	2 Am Book Club Sage Pm Bus 	3 Am Mosaic Morning Lav  Pm Ball Games 	4 Marian's B'day Am Chair Yoga Sage 1:1's Lav Pm Buggy Rides 	5 Exercise Group Sage Am Music – Trevor Owen RH  Pm Crafternoon / Walks 	6 Chrissy Karaoke Am Church RH  Pm Milkshakes and Movies 	7
8 	9 Am Nails & Pampering  Pm Bus 	10 Am Bingo  Pm Ball Games 	11 Catholic Mass Am Couples Valentines Lunch Pm Buggy Rides / Valentines advice 	12 Exercise Group Sage Am Valentines Activity RH Pm Valentines Crafternoon 	13 Chrissy Karaoke Am Church RH March Planning  Pm A Rose for your Valentine	14 Happy Valentines Day 
15	16 Am Book Club Sage Pm Bus 	17 Shrove Tuesday Am Music - Pelorus Pals RH  Pm Shrove Pancakes 	18 Chair Yoga Sage Am Eucalyptus Strummers RH  Pm Buggy Rides 	19 Exercise Group Sage Am Music – Trevor Owen RH  Pm Crafternoon / Walks 	20 Chrissy Karaoke Am Church RH Pm Ice Cream Trolley 	21
22	23 Am Nails & Pampering  Pm Bus 	24 Am Vision Board Scrapbooking  Pm Ball Games 	25 Am Making a Gratitude Tree Pm Buggy Rides 	26 Exercise Group Sage Am Gardening  Pm Crafternoon 	27 Chrissy Karaoke Am Church RH  Pm March Calendar Setup & Chit Chat 	28 Bingo with Jess in Sage 

Life without you is like a broken pencil... totally pointless... I'll never take you for granite