

March ACTIVITY PROGRAM Palmview House

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
PLEASE BOOK THROUGH YOUR ACTIVITIES OFFICER. SEATS ARE LIMITED.	<i>Stay Young at Heart!</i> 		<i>Welcome Autumn, Goodbye Summer</i> 			ACTIVITIES MAY CHANGE AT SHORT NOTICE BUGGY RIDES ARE WEATHER PERMITTING
1 <i>March B'day's</i> 3 rd Stephen 9 th Valma 16 th Esther	2 Am March Setup & Chat  Pm Ball Games 	3 <i>Happy B'day Stephen</i> Am Music – Animateori RH  Pm Mosaic Craft Lav 	4 Am Chair Yoga Sage  Buggy Rides  Pm Walks and stretching	5 LLO Training  Am Music – Trev RH Pm Individual activities	6 <i>Chrissy Karaoke</i> 10:15Am Church RH 1:1's individual Pm Music – Tony & Dominic RH 	7
8	9 <i>Happy B'day Valma</i> Am Book Club  Morning Music Pm Ball Games 	10 Am Bingo  Pm St Patties Themed Crafternoon	11 Catholic Mass Am Buggy Rides  Pm Shamrock Shakes & Irish Blessings	12 Am April Activity Planning Meeting  Pm Thai Chi in Lav 	13 <i>Chrissy Karaoke</i> 10:15Am Church RH 1:1's individual Kay's Keyboard Lav Pm Ice Cream Trolley 	14
15	16 <i>Happy B'day Esther</i> Am Music – Tropical Squeeze  Pm Ball Games 	17  Am St Patties Day Fun – RH Pm Surveys Individual 	18 Am Chair Yoga Sage  Buggy Rides  Pm Surveys Individual	19 Am Music – Trev RH  Pm Crafternoon 	20 <i>Chrissy Karaoke</i> 10:15Am Church RH 1:1's individual Milkshakes and movies	21 
22	23 Am Book Club  Morning Music Pm Ball Games 	24 Am KENO in Sage  Pm Crafternoon 	25 Am Buggy Rides  Pm Walks and Stretches	26 Am South African Foods & Appreciation  Pm Sing A Long in Lav	27 <i>Chrissy Karaoke</i> 10:15Am Church RH 1:1's individual Pm Ice Cream Trolley & 1:1's individual 	28 Activity with Jess Bingo in Sage 
29	30 Am Nails and Pamper  Pm Ball Games 	31 Am Craft Morning  Pm April Setup & Chit Chat 				

Did you know deer can jump higher than the average house? It's because of their strong hind legs and the fact that the average house can't jump.