







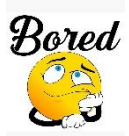


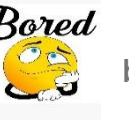






SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 – First Day Of WINTER Am – Self-directed wing activities 2:00 -PM Reminiscing Bus Ride McDonalds Ice-cream	2 AM – Doctors Visits 2:00 pm Afternoon Chats	3 Cappuccino or Milkshakes In friends Café 2:30 – 3:30 	4  2:30 Sing FIT... Light movement to music while we sing our hearts out	5 10:15 – Church in Rotary Hall  9:00 am Hair dressing day Wash, Blow Dry and Morning Tea with Kirwan High Bookings Essential	6 Themed self-directed activities <ul style="list-style-type: none"> • Puzzles • Word searches • crosswords
7 – Bored board Activities <ul style="list-style-type: none"> - Puzzles - Word Searches - Crosswords - Ideas to do 	8 AM – Self-directed wing activities 2:00 -PM Reminiscing Bus Ride McDonalds Ice-cream	9 AM – Doctors Visits 10:00 – QLD Day Fun Day in Rotary Hall 2:30 – Rock Painting on the back patio	10 Banana Splits with a Cherry on top  Friends Café 2:30 – 3:30	11 10:00 – Trevor Owens Music in Rotary Hall  2:30 Everything Corn 	12 10:15 – Church in Rotary Hall AM -Men’s Shed or Rock painting and hiding In the Leisure Centre	13 Bored board Activities <ul style="list-style-type: none"> - Puzzles - Word Searches - Crosswords - Ideas to do 
14 Bored board Activities <ul style="list-style-type: none"> - Puzzles - Word Searches - Crosswords - Ideas to do 	15 10:00 – Tropical Squeeze Music in Rotary Hall 2:00 -PM Reminiscing Bus Ride McDonalds Ice-cream	16 AM – Doctors Visits 2:30 – State of Origin Pass the ball and trivia	17 10:00 – Seniors Creating Change in Rotary Hall Cappuccino & Croissant  2:30 – 3:30	18 2:30 – 3:30 Bird watching activity outdoors from back patio 	19 10:15 – Church in Rotary Hall Self-directed activities today	20 Bored board Activities <ul style="list-style-type: none"> - Puzzles - Word Searches - Crosswords - Ideas to do 
21 Bored board Activities <ul style="list-style-type: none"> - Puzzles - Word Searches - Crosswords - Ideas to do 	22 AM – Self-directed wing activities 2:00 -PM Reminiscing Bus Ride McDonalds Ice-cream	23 AM – Doctors Visits 10:00 Anamatori Music in Rotary Hall Afternoon chats	24 Self-Directed Activities today	25 10:00 – Trevor Owens Music in Rotary Hall  2:00 Afternoon group Cooking in the Leisure Centre	26 10:15 – Church in Rotary Hall NATIONAL BINGO DAY In the Leisure Centre 	27 Bored board Activities <ul style="list-style-type: none"> - Puzzles - Word Searches - Crosswords - Ideas to do 
28 Bored board Activities <ul style="list-style-type: none"> - Puzzles - Word Searches - Crosswords - Ideas to do 	29 AM – Self-directed wing activities 2:00 -PM Reminiscing Bus Ride McDonalds Ice-cream	30 AM – Doctors Visits Afternoon music and Chats				